

## Meal Break Waiver (When Working Shifts of 6 Hours or Less)

Employee name: \_\_\_\_\_

I understand that I am entitled to take an uninterrupted 30-minute meal break, starting within my first five hours of work, whenever I work a shift of five hours or more.

I voluntarily agree to waive my 30-minute meal break when my work will be completed in 6 hours or less. I understand and acknowledge that **[insert name of employer]** also consents and agrees to this waiver.

I understand that I may revoke this agreement to waive my meal break by providing a written revocation to a management employee at any time.

I also agree that, if I choose to take a meal break when working a shift of five hours or more, my choice will not revoke this written waiver unless I also provide written revocation to a management employee.

This meal break waiver is completely voluntary and may be revoked at any time. Failure to agree to the meal break waiver, or revocation of the waiver, will not result in retaliation or other adverse action against any employee. Such retaliation is strictly prohibited.

Employee Signature: \_\_\_\_\_

Date: \_\_\_\_\_